

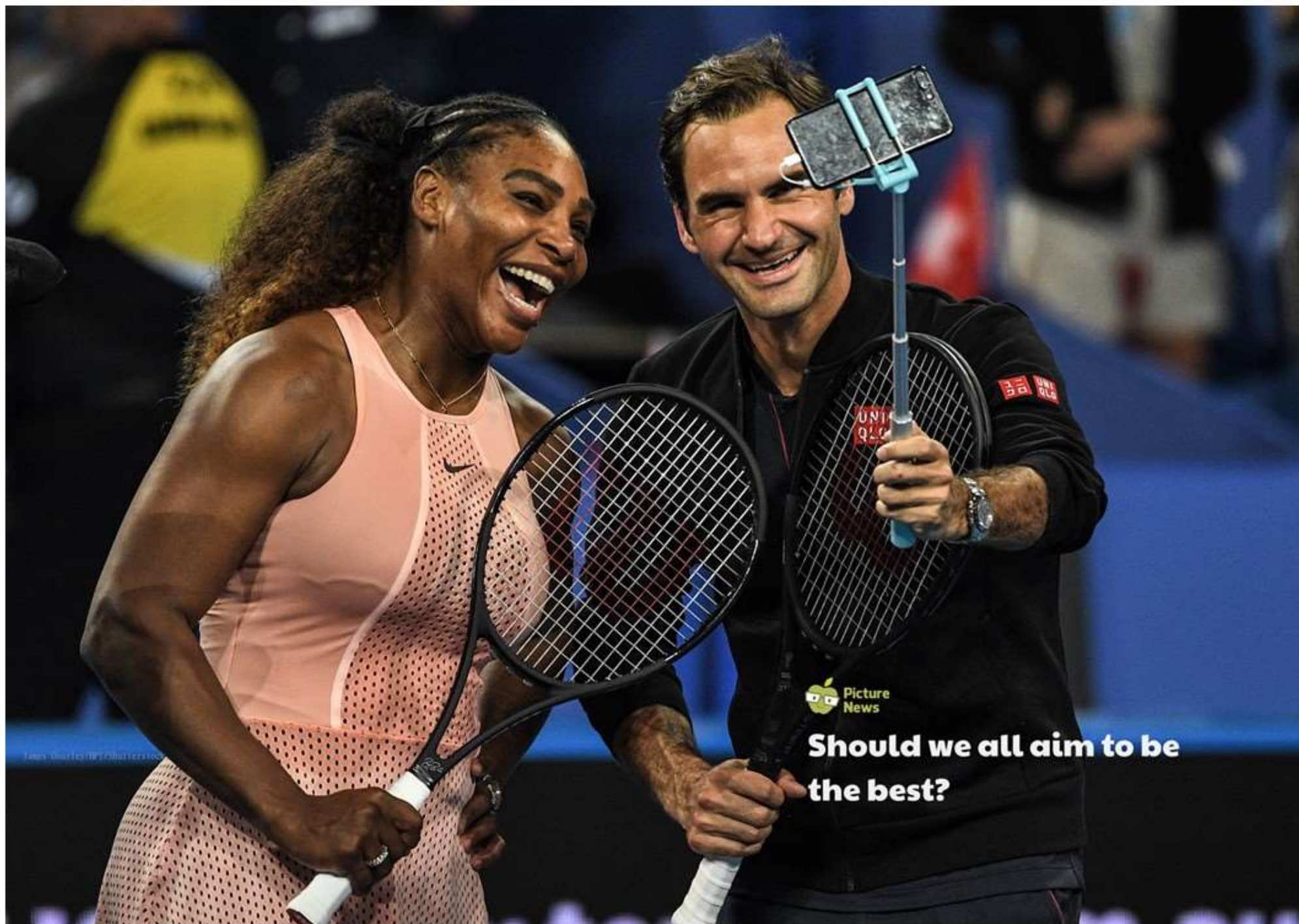
# What's happening in the news this week?



Let's have a look at this week's poster!

10th - 16th October 2022





**Should we all aim to be  
the best?**



# Let's look at this week's story



For over 20 years, Serena Williams and Roger Federer have dominated tennis tournaments all over the world.

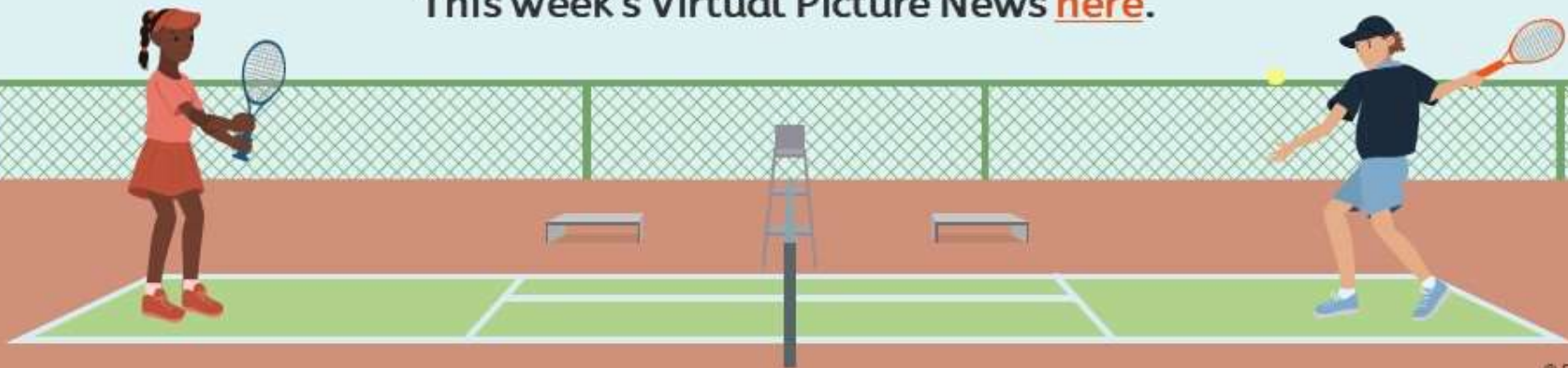
Between them, they have won 43 Grand Slam titles.

In a five-week span, both players announced their retirement. Williams announced on Vogue magazine's website that she would retire after this year's U.S. Open, saying that at her age, "something's got to give." Federer's announcement followed after. He said his body's "message to me lately has been clear" and noted that his final competition would be the Laver Cup in London.

Learn more about this week's story [here](#).

Watch this week's useful video [here](#).

This week's Virtual Picture News [here](#).



# How does it make me feel?



<b>sad</b>	<b>angry</b>	<b>happy</b>	<b>confused</b>	<b>excited</b>	<b>worried</b>	<b>shocked</b>	<b>afraid</b>
despondent disconsolate dismal doleful downhearted forlorn gloomy melancholic miserable woeful wretched	aggrieved annoyed discontented disgruntled distressed exasperated frustrated indignant offended outraged resentful vexed	beaming buoyant cheery contented delighted enraptured gleeful glowing joyful	addled baffled bemused bewildered disorientated indistinct muddled mystified perplexed puzzled	animated elevated enlivened enthusiastic exhilarated exuberant thrilled	agitated anxious apprehensive concerned disquieted distraught distressed disturbed fretful perturbed troubled uneasy	astonished astounded disconcerted distressed dumbfounded horrified staggered startled stunned surprised	alarmed apprehensive daunted fearful frantic horrified petrified terrified



# This week's story looks at events related to ...





Read through the information below and share your thoughts about the retirement announcements that Serena Williams and Roger Federer gave.

## Roger Federer

To my tennis family and beyond,

Of all the gifts that tennis has given me over the years, the greatest, without a doubt, has been the people I've met along the way: my friends, my competitors, and most of all the fans who give the sport its life. Today, I want to share some news with all of you.

As many of you know, the past three years have presented me with challenges in the form of injuries and surgeries. I've worked hard to return to full competitive form. But I also know my body's capacities and limits, and its message to me lately has been clear. I am 41 years old. I have played more than 1,500 matches over 24 years.

Above all I must offer a special thank you to my unbelievable fans. You will never know how much strength and belief you have given me. The inspiring feeling of walking into full stadiums and arenas has been one of the huge thrills in my life. Without you, those successes would have felt lonely, rather than filled with joy and energy.

When my love of tennis started, I was a ball kid in my hometown of Basel. I used to watch the players with a sense of wonder. They were like giants to me and I began to dream. My dreams led me to work harder, and I started to believe in myself. Some success brought me confidence and I was on my way to the most amazing journey that has led to this day.

So, I want to thank you all from the bottom of my heart to everyone around the world who has helped make the dreams of a young Swiss ball kid come true.

Finally, to the game of tennis: I love you and will never leave you.

**Roger Federer**



Roger Federer winning his match against Novak Djokovic in the men's final of the U.S. Open tennis tournament at Flushing Meadows, New York, 2007. **Source:** Shannon Stapleton

## Serena Williams

Serena Williams has won 23 Grand Slam titles – the second most of all time! Her first major title was the 1999 US Open, when she was just 17. She won her last Grand Slam title at the 2017 Australian Open against her sister, Venus. Serena was eight weeks pregnant with daughter, Olympia, at the time.

She says there is "no happiness" in the possibility of no longer playing tennis.



Vogue. September issue Cover. There comes a time in life when we have to decide to move in a different direction. That time is always hard when you love something so much. My goodness do I enjoy tennis. But now, the countdown has begun. I have to focus on being a mom, my spiritual goals and finally discovering a different, but just exciting Serena. I'm gonna relish these next few weeks. 🥰

**Source:** Instagram/SerenaWilliams





Look at the resource below, which shares an example of what a professional sportsperson's timetable might look like.

Time	Activity
5.00am	Get up, get dressed and grab a quick snack.
5.30am	Go to the gym to complete special workouts that are designed to improve performance such as strength, stamina, speed, endurance.
7.30am	Breakfast. A meal that is designed specifically to help replenish energy (carbohydrates) and help recover and repair muscles (proteins).
9.30am	Head to the court, pitch or pool to take part in training designed specifically for the sport, which is led by a coach or team of coaches.
12.00pm	Lunch. Another meal designed to refuel the body.
1.00pm	A rest.
3.00pm	Head back to the court, pitch or pool for more training.
5.00pm	Back home for an evening meal, which includes foods to refuel, recover and repair muscles and plenty of vegetables loaded with nutrients. After the evening meal, there is usually a few hours to relax.
8.00pm	Go to bed.

Each day is dedicated toward a vigorous amount of training and when not training, it's important to maximize recovery for the next workout...Having a detailed schedule to follow makes maximizing each day easier. Rather than thinking about what needs to happen in an allotted time, one can just execute the training or recovery that needs to take place.

**Roy-Allan Burch**  
Two-time Olympic swimmer  
(2008, 2012)



**How does your typical day compare with a professional sportsperson's?**





Look at the resource below, which highlights some of the achievements of four professional tennis players.

Esther Vergeer is a former professional wheelchair tennis player. The Dutchwoman won 470 successive matches between 2003 and her retirement in 2013. She finished her career with 44 Grand Slam titles across singles and doubles and seven Paralympic gold medals.

Esther also played wheelchair basketball and was part of the Dutch national team that won the European Championship in 1997.



Source:  
@Letsgofitness2 Twitter

Venus Williams is the older sister of Serena Williams. Venus has won seven Grand Slam singles titles, five at Wimbledon and two at the US Open. As teammates and as competitors, the sisters have both credited each other with pushing one another.

Together, they have won 14 Grand Slam doubles titles and have competed against each other many times, including at the finals of eight Grand Slam tournaments.



Source:  
Sascha Wenninger Flickr

Serbian professional tennis player, Novak Djokovic boasts 21 Grand Slam singles titles, second only to Rafael Nadal, who has 22. He has also finished as the ATP (Association of Tennis Professionals) year-end No. 1 a record of seven times. Djokovic has earned more prize money on the ATP World Tour than any other player and is the highest-earning tennis player in history.



Source:  
Carine06 Flickr

American, Billie Jean King holds 39 Grand Slam titles: 12 singles titles, 16 women's doubles titles, and 11 mixed doubles titles and was at the height of her professional career between 1966 and 1975. King is described as being a long-time champion for gender equality and social justice.

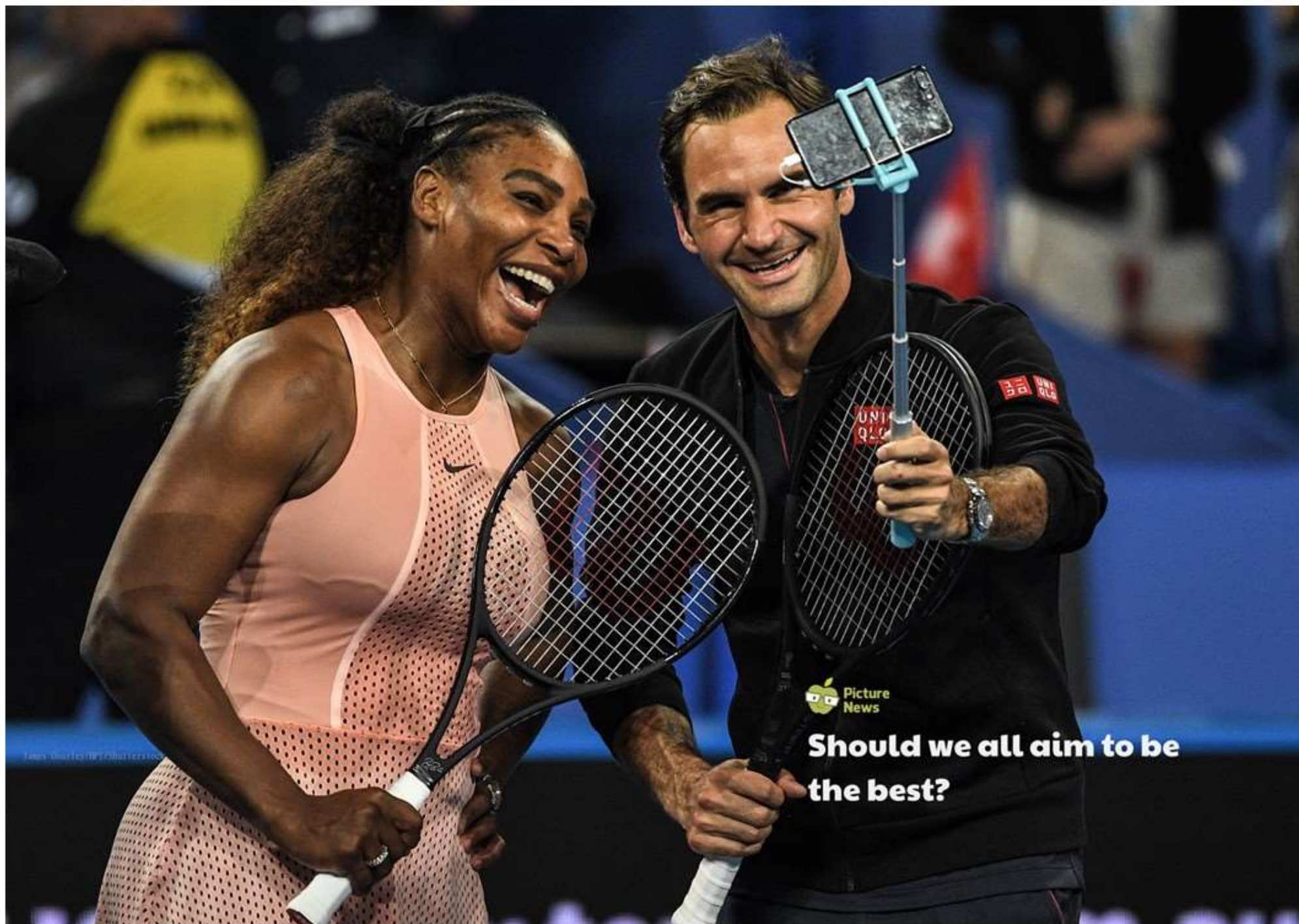
In 1973, she accepted a challenge from Bobby Riggs, who was 55 years old and had been a top men's player in the 1930s and 40s. Riggs claimed the women's game was so inferior to the men's game that even someone as old as he, could beat the current top female players. 90 million viewers watched Billie Jean King beat Bobby Riggs in straight sets.



Source:  
robbiesaurus Flickr

**Do you think each of these professional tennis players are successful? Why?**





**Should we all aim to be  
the best?**

# Reflection



In life, there will be some things we will be good at and other things that may not come easily to us. It's important to remember to try our best and support those around us too!







**British  
Values**



# **Mutual Respect and Tolerance**

Everyone is different, with different talents. We can respect and celebrate the achievements of others and be thankful for the people in our lives who do the same for us.





# UN Rights of a Child



Our education should help us fully develop our personalities, talents and abilities. This will enable us to be the best that we can be!





# Useful vocabulary



## Announcement

A statement made to the public or to the media.

Federer's **announcement** followed after.

## Decision

A choice that's made about something after considering several possibilities.

Do you think it was an easy **decision** for either of the players to make?

## Dominated

To be the most important or conspicuous (very noticeable) person.

For over 20 years, Serena Williams and Roger Federer have **dominated** tennis tournaments all over the world.

## Grand Slam

One of the four major tennis tournaments.

(Australian Open, French Open, Wimbledon, US Open).

Between them, they have won 43 **Grand Slam** titles.

## Retirement

The action or fact of ceasing to play a sport competitively.

In a five-week span, both players announced their **retirement**.

## Sacrifices

To give up something for something else considered more important.

Do you think they will have had to make a lot of **sacrifices** to achieve all that they have?

## Can you use them in your writing this week?

## Picture News



### Should we all aim to be the best?

For over 20 years, Serena Williams and Roger Federer have dominated tennis tournaments all over the world. Between them, they have won 43 Grand Slam titles. In a five-week span, both players announced their retirement. Williams announced on Vogue magazine's website that she would retire after this year's U.S. Open, saying that at her age, "something's got to give." Federer's announcement followed after. He said his body's "message to me lately has been clear" and noted that his final competition would be the Laver Cup in London.



- Look at this week's poster image. Does anyone recognise who is on the poster? Explain that it is tennis players Serena Williams and Roger Federer, who have both recently announced their retirement from the sport.
- Read through the information found on the assembly resource and share your thoughts about the announcements that the two tennis players gave. Do you think it was an easy decision for either of the players to make?
- Watch this week's useful video, which shows Roger Federer speaking about his and Serena Williams' retirements. Do you think they will have had to make a lot of sacrifices to achieve all that they have?
- Both Serena and Roger were at the top of their sport for a long time. What do you think are the positives and negatives of being 'the best'?
- Talk about the difference between trying our best and being the best. Which do we have control over? Which do we think is more important, why?
- Think of some things that you are good at; do you still need to try to be good at them? Do you think it's also important to try our best with things we're not as good at?

### Reflection

In life, there will be some things we will be good at and other things that may not come easily to us. It's important to remember to try our best and support those around us too!

## Picture News



### KS1 focus

#### What is a typical day like for a professional sportsperson?



- Write 'typical day' on the board. What do you think it means? Can you describe your typical day? Consider what time you usually get up, go to school, have lunch and what you usually do after school.
- Think about a professional sportsperson. Do you know anybody who is a professional sportsperson? What do you think a typical day might look like for them?
- Explain that a professional sportsperson is someone who spends most of their time and energy in their chosen sport so that they can make it their career or job and be paid for competing.
- Look at resource 1, which shares an example of what a professional sportsperson's timetable might look like. How does your typical day compare with a professional sportsperson's?
- Discuss what you like or dislike about the typical day of a professional athlete. Do you think you could follow a timetable like this? Do you think it would be easy or hard to stick to? Why?
- Read the comment by two-time Olympic swimmer, Roy-Allan Burch. He thinks having a detailed schedule or timetable is important to get the most out of the day. Do you agree? Do you like having a timetable?

### Reflection

A typical day for a professional sportsperson usually involves an early start, scheduled training and carefully planned meals. Being committed to their timetable helps them become the best they can be.

## Picture News



### KS2 focus

#### Who are some of the most successful tennis players of all time?



- Can you name any successful tennis players? Record a list as a class. Do you recognise all the names?
- What do you think makes a tennis player successful? E.g., winning titles, achieving fame or wealth, inspiring and empowering others. Do you think everyone will view the same tennis players as being the most successful? Why?
- Look at resource 2, which highlights some information about four professional tennis players. For each, discuss whether you think they are successful and why. Who do you think is/was the most successful?
- Sisters, Venus and Serena Williams competed with and against each other. If you were competing with and against your sibling or other family member, do you think it would add to your success?
- Each of the tennis players on resource 2 could be described as having successful careers. What do you think it takes to be a successful tennis player? Resilience, confidence, respect, hard work, talent, dedication? Make a list. Looking at the list, do you think these are skills we need to be successful in our lives? Why?
- Think about what you would like to achieve today, next week, this academic year, the future. What will you do to ensure you succeed?

### Reflection

Being successful can be subjective (based on personal opinions and feelings). We can all set our own goals and targets and aim to achieve our own success.



## Picture News



### KS2 follow-up ideas

#### Option 1

Write a letter to either Serena Williams or Roger Federer to congratulate them on their tennis career and find out about their plans for the future. The following questions may help you plan your work:

- Why are you writing to them?
- What about their tennis career inspires you?
- Is there anything you want to know about being a professional tennis player?
- Do you have any suggestions about what they might do in the future?

#### Option 2

A doubles tennis court is 78ft (23.8m) by 36ft (11m) and a singles tennis court is 78ft (23.8m) by 27ft (8.2m).

- Can you work out the area and perimeter of both a doubles and singles tennis court in feet?

Feet are from the imperial unit system, which is a traditional system used to measure length. The metric unit system is often used now (mm, cm, m, km).

- Challenge - can you work out the area and perimeter of both a doubles and singles court in metres?



## Picture News



### KS1 follow-up ideas

#### Option 1

Look at the timetable found on resource 1.

- What might a professional athlete be doing at 5.00am? What are you usually doing at this time?
- What time might a professional athlete have their lunch? What time do you eat your lunch?
- What time do you usually get up/go to bed? Is this before or after a professional athlete?

Use pictures, words, and sentences to create your own daily timetable, making sure you sequence the events in order.

#### Option 2

Use this opportunity to practise some of your tennis skills! You could take part in the following challenges designed to develop hand-eye coordination:

- Hold your tennis racket like a frying pan and put a tennis ball on it. Can you walk around making, sure the tennis ball doesn't fall off?
- Can you now carefully bounce your tennis ball on your racket (still held like a frying pan)? How many bounces can you do? Challenge – can you twist the racquet 180° between bounces?
- Can you use your tennis racket to bounce the ball on the ground? How many bounces can you do? Can you move around whilst doing this?
- Can you hit the ball to a partner? Can they hit it back?

## Picture News



### This week's useful websites

#### This week's news story

[www.npr.org/2022/09/19/1123726355/tennis-serena-williams-roger-federer](http://www.npr.org/2022/09/19/1123726355/tennis-serena-williams-roger-federer)

#### This week's useful video

Federer speaks about his and Williams' retirement  
<https://bit.ly/3fIIIDen>

#### This week's Virtual Picture News

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

### This week's vocabulary

#### Announcement

A statement made to the public or to the media. Federer's **announcement** followed after.

#### Decision

A choice that's made about something after considering several possibilities. Do you think it was an easy **decision** for either of the players to make?

#### Dominated

To be the most important or conspicuous (very noticeable) person. For over 20 years, Serena Williams and Roger Federer have **dominated** tennis tournaments all over the world.

#### Grand Slam

One of the four major tennis tournaments (Australian Open, French Open, Wimbledon, US Open). Between them, they have won 43 **Grand Slam** titles.

#### Retirement

The action or fact of ceasing to play a sport competitively. In a five-week span, both players announced their **retirement**.

#### Sacrifices

To give up something for something else considered more important. Do you think they will have had to make a lot of **sacrifices** to achieve all that they have?





## Kingsley, the baby giraffe

Keepers at the West Midlands Safari Park in Worcestershire have revealed the name of their endangered baby giraffe, who was recently born into their tower. When Kingsley was born, the safari park released footage showing the 1.8m (6ft) tall Rothschild's giraffe calf making his grand entrance into the world by falling several metres to the ground. He was then tended to by his doting mother, who tried to nudge him gently to his feet. He and his parents, Arusha and Rufus, are part of a European breeding programme, which aims to conserve endangered species. The Rothschild's giraffe is one of the most endangered, with less than 1,400 adults estimated to live in wild! The park contains the largest groups of white lions, cheetahs,



**Pictured:** Kingsley and his mother, Arusha. **Source:** West Midland Safari @WestMidSafari Twitter page.

hippopotami, and meerkats in the UK, as well as the largest lemur walk-through exhibit. *Did you know that the collective noun for a group of giraffes is a tower? Do you think that is a good name?*

## Spacecraft slams into Asteroid

NASA has crashed an uncrewed spacecraft into an asteroid at over 23,000km (14,400 miles) per hour - on purpose! The Double Asteroid Redirection Test (DART) is the world's first mission to test technology for defending Earth against potential asteroid or comet hazards. The joint project between NASA and the Johns Hopkins Applied Physics Laboratory, will assess whether crashing a spacecraft into an

asteroid changes the way it travels, ensuring that we could alter the orbit of an asteroid, if needed. NASA tweeted a video showing the mission's success saying, "IMPACT SUCCESS! Watch from #DARTMission's DRACO Camera, as the vending machine-sized spacecraft successfully collides with asteroid Dimorphos, which is the size of a football stadium and poses no threat to Earth."



**Pictured:** Schematic of the DART mission shows the impact on the moonlet of asteroid Didymos. **Source:** NASA

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





# Pumpkin Boat Birthday

Duane Hansen, from Nebraska, celebrated his 60<sup>th</sup> birthday by paddling down the Missouri River in a giant pumpkin, that he had grown and named 'SS Bertha'. Duane stated that his aim was to break the world record, which he had heard about whilst attending a giant pumpkin growing seminar, saying, "It wasn't even for the glory. I just wanted to beat the record in a pumpkin." He successfully set a new Guinness World Record for the longest journey by pumpkin boat. He paddled a 384kg (847lbs) floating pumpkin for 61km

(38 miles). The journey, which took over 11 hours to complete along the longest river in the United States, was officiated by workers from the City of Bellevue, Nebraska. One of their spokespeople said, "Lisa Rybar and myself agreed to take on this task which we ... originally thought was to float a 800 pound pumpkin for over 30 miles down the river. It wasn't until later in the conversation that we realized that Mr. Hansen would actually be riding in the pumpkin on this journey".



**Pictured:** Duane Hansen and his record-breaking pumpkin boat. **Source:** City of Bellevue, Nebraska, Facebook page.

Last week's topic:

**How can we help those in need who are far away?**



I think me and my classmates can help by donating clean drinking water, toiletries etc because if I were to guess those who were affected by the flood lost their essentials. We can donate by finding a donation site that supports Pakistan in this troubling times.

Nazeefah

We can donate to supportive charities, that help as much as they can so everyone can live without worrying about floods.

Emeli

I think if we all try, we can donate to Pakistan with money, and tools they need to survive also we need to stop littering and make a change.

Laiton

**Let us know what you think about this week's news?**



[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



[help@picture-news.co.uk](mailto:help@picture-news.co.uk)



[@HelpPicture](https://twitter.com/HelpPicture)



Picture News Ltd,  
Colber Lane,  
Bishop Thornton,  
Harrogate,  
North Yorkshire, HG3 3JR

**Share your thoughts and read the opinions of others**

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





# TAKEHOME

10 - 16  
October



**Should we all aim to be the best?**

## In the news this week

For over 20 years, Serena Williams and Roger Federer have dominated tennis tournaments all over the world and have won 43 Grand Slam titles between them. In a five-week span, the two players announced their retirement. Williams announced on Vogue magazine's website that she would retire after this year's U.S. Open, saying that at her age, "something's got to give". Federer's announcement followed after. He said his body's "message to me lately has been clear" and noted that his final competition would be the Laver Cup in London.

### Things to talk about at home ...

- Have you watched either Serena Williams or Roger Federer play tennis?
- What do you think would be the positives about being so good at something for so long and what do think might have been difficult?
- Which do you think is more important, trying your best or being the best?

**Please note any interesting thoughts or comments**

**Share your thoughts and read the opinions of others**

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

